Ward Freman Pool Timetable 27/10/2026

TIME	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
06:00	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Closed	Closed
06:30			Staff Training 1st Wednesday of the Month				
07:00						Lane Swim	Lane Swim
07:30							
08:00	Aqua Aerobics 45 Min						
08:30							
09:00		General Swim	Aqua Aerobics 45 Min	General Swim	General Swim	Buntingford Swim Lessons	Family Swim
09:30					Private Hire / Lane Swim		
10:00	General Swim		Buntingford Swim Lessons		General Swim		
10:30					Private Hire / Lane Swim		
11:00					General Swim		
11:30			School Bookings Jan 2027 / Lane Swim	School Bookings Jan 2027 / Lane Swim	Aqua Aerobics 45 Min	Family Swim	
12:00							
12:30				School Bookings / Lane Swim			
13:00			General Swim		General Swim	Private Hire / General Swim	Private Hire
13:30				General Swim			
14:00							
14:30						General Swim	General Swim
15:00							
15:30	Buntingford Swim Lessons	Private Hire / Lane Swim		Private Hire Jan 2027 / General Swim	Private Hire Jan 2027 / General Swim		
16:00							
16:30							
17:00							
17:30	Aqua Aerobics 45 Min	Private Hire / Lane Swim		Buntingford Swimming Club	General Swim		Closed
18:00							
18:30							
19:00	General Swim	General Swim					
19:30							
20:00							
20:30							

*Timetable is subject to change, please check the booking system.